

Absence

Having time and money
To prepare a nutritious meal
Is beyond average
To my communities
They don't realize
Since never had they struggle
And concoct a meal
Not only for yourself
For children in their crucial developmental stage
These things
Our communities struggle to heal from
Especially when only fast foods in proximity
And no fresh produce
Out of sight
Out of mind
Nutrition
The key factor pertaining food dissipates
Once entered a lower income community
Where time and money seems to slip through their hands
Like sand...wich